

# Robert H. Treman STATE PARK



Ithaca, New York



Finger Lakes Region  
2021

## Park History

### The Finger Lakes Story

Sparkling lakes, breathtaking waterfalls and rolling pastoral land dominate the landscape of the Finger Lakes Region. Over thousands of years, gigantic glaciers and coursing streams carved this landscape shared by generations of people. Located a short distance southwest of Cayuga Lake, Robert H. Treman State Park is one of 29 facilities of the Finger Lakes State Parks Region where you can enjoy these treasured landscapes and discover the lives of people of the past.

This park features a spectacular gorge with rocky and wooded sections, home to the 115-foot (35 m) Lucifer Falls. You can experience the park's rich scenery along hiking trails in and around the gorge, in the natural swimming pool and at scenic picnic areas.

### The Nature of Robert H. Treman

Water has shaped the natural landscape of the park. During the past million years, water in the form of giant sheets of ice, or glaciers, covered New York State several times, dramatically transforming the land in its path. In this region, the most recent glacier moved through shallow river valleys leaving in its place deep, steep-sided troughs. When the glacier receded north about 10,000 years ago, water filled these new troughs, creating the 11 Finger Lakes which include Cayuga Lake. Since then, water in the form of Enfield Creek has poured down the glacially-steepened hillside, cutting away its soft sedimentary rock. This ongoing process has formed the park's gorge and spectacular waterfalls.

This park's gorge landscape is unique among State Parks. It is actually a combination of an "old" and "new" gorge. At the end of the most recent ice age, debris from the melting glacier filled in a pre-existing gorge. As you hike through the wide and wooded two-mile section of the lower gorge trail, you will be in the "old" gorge, unearthed by Enfield Creek since the end of the last ice age. As you reach the narrow, rocky 1/4-mile (0.4 km) section near the upper park, you will be in the "new" gorge. The "new" gorge was created when the creek rerouted its path and carved through hillside bedrock, instead of continuing to unearth the "old" gorge. The cool, moist and shaded environment of the glen supports a rich variety of ferns, mosses and wildflowers as

## Facilities

While the park is open year-round, some facilities and activities are only available on a seasonal basis. Please check with the park office or **visit our website [www.nysparks.com](http://www.nysparks.com)** before arriving at the park.

**CAMPING:** Reservations through Reserve America.

**CAMPGROUNDS:** 11 electric and 60 non-electric sites. No permanent water hookups available.

**CABINS:** 14 cabins.

Comfort Stations: Hot showers and flush toilets  
Trailer/RV Dumping Station

**DAY USE:** There is a vehicle-use fee in effect at the park. Permitted activities are posted in the park office. Swimming: Stream-fed pool. Only in the lifeguarded area. Swimming available weather and conditions permitting. Call ahead to the park office for availability. Bathhouse

Picnic Areas: Tables and grills

Picnic Pavilions: Can be reserved 11 months in advance.

Play Fields

Playground

Comfort Stations

Nature Activities

History Hikes

Trails: Gorge, Rim, Red Pine, CCC Memorial Trail and the Finger Lakes Trail

Old Mill Museum with Civilian Conservation Corps exhibit and Archaeology in the Park: A Walking Tour.



Accessible parking spaces and restrooms are available. Contact the park office for specific information.

## NEARBY STATE PARKS

Allan H. Treman: N.Y.S. Rte. 89, north of Ithaca

Buttermilk Falls: N.Y.S. Rte. 13, south of Ithaca

Taughannock Falls: N.Y.S. Rte. 89, 8 miles north of Ithaca

Watkins Glen: N.Y.S. Rte. 14, Watkins Glen

Newtown Battlefield : N.Y.S. Rte. 17/I-86, 3 miles south of Elmira

well as trees and shrubs. Please do not pick or disturb these plants so others may enjoy them as well.

### People and Robert H. Treman

The park's scenic landscape and access to water power have attracted people for over 300 years. Before the coming of the European settlers, the area around Cayuga Lake was inhabited by Cayuga Indians, one of the Six Nations of the Haudenosaunee (Iroquois) in New York. During the Revolutionary War, the Cayugas, allies of the British, were partially driven from the area by the Continental Army. Indian trails once crossed through the park in several places.

White settlers moved into the area during the 1790's and began farming. Many of the gorges had suitable sites for water mills. In this park, Isaac Rumsey built a water-powered gristmill and adjoining home in 1839. Corn and wheat were ground at the mill until 1917. Restored in the mid-1920's, you can visit the "Old Mill" in the upper section of the park. Interpretive panels alongside its original machinery explain the workings of the mill. The mill spurred the growth of an agricultural hamlet known as Enfield Falls. Displays in the mill along with a brochure tell the story of the hamlet. In 1920, Robert and Laura Treman donated 387 acres in Enfield Glen to the State, which established the Enfield Glen Reservation. In 1924, the reservation came under the newly formed Finger Lakes State Parks Commission. Robert Treman was the first chairman of the commission. Upon his death in 1938, the park was renamed in his memory. Since then, the park's area has increased to 1074 acres (435 ha).

During the Great Depression of the 1930's, a Civilian Conservation Corps camp operated in the Upper Park, improving facilities in this and other nearby parks. There is a small exhibit about the CCC camp in the Old Mill.

**To learn more about park geology, ecology and history, look for programs offered by a park naturalist that explore the natural and cultural features of the park.**

### To all our guests:

**Trails:** The park provides a variety of trail opportunities. Please stay on the designated trails. Proper footwear for hiking in a variety of conditions will make your trail visit safer. Leashed pets permitted on trails. Bicycles are not permitted on trails. Due to varying weather conditions, park

## ROBERT H. TREMAN STATE PARK

105 Enfield Falls Road

Ithaca, New York 14850

Park Office: 607-273-3440

Regional Office and Park Police: 607-387-7041

RobertTremanSP@parks.ny.gov

James Brophy, Park Manager

### IN AN EMERGENCY

Park Police.....1-800-255-3577  
Police, Ambulance, Fire.....911

## Camping Reservations

Camping and cabin reservations in NYS parks may be made up to nine months in advance.

Call 1-800-456-CAMP (2267), or online at [www.ReserveAmerica.com](http://www.ReserveAmerica.com).

### Special Passes

**Access Passes:** Available to NY residents with qualifying disabilities.

**Golden Park Program:** For NY residents age 62+ with NY driver's license or ID card allows unlimited weekday and non-holiday access.

**Empire Pass:** Unlimited vehicle access to most NY state parks and recreation areas. It can be purchased at park offices, [shop.parks.ny.gov](http://shop.parks.ny.gov) or by calling 518-474-0458. Passes are renewable online and are valid from date of purchase through December 31.

### "Carry In-Carry Out" Parks

Our facilities are designated "Carry In-Carry Out." Please take your trash and recyclables home with you for proper disposal.

[parks.ny.gov](http://parks.ny.gov)



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trails can close at any time throughout the year. When the GORGE TRAIL is closed for the winter season it will remain closed until the spring safety inspection and repairs are complete. All other trails are normally open year 'round.

**Blading, Boarding and Bicycling Safety:** Safety helmets are required by New York State Law on children 14 years old and younger.

**Pets:** Pets are allowed in the park and on trails but **must remain on leash, no longer than six feet, at all times. They may not be left unattended.** Proof of rabies vaccination must be by **Veterinarian's certificate**-the collar tag will not be accepted as proof.

**Swimming Area:** Supervised swimming is available at this facility. Swimming is not a guaranteed activity. The supervised swimming area may be closed due to weather conditions or availability of lifeguards. Pets, alcoholic beverages and glass containers of any kind are not permitted in the supervised swimming area.

**Respecting Wildlife:** Please do not feed or harass any wildlife while visiting the park. If you see any wildlife that appears ill, leave it alone and contact park personnel immediately. If you come in physical contact with an animal, report it to a park employee right away.

### To our overnight guests:

**Quiet Hours and Generator Hours:** Quiet hours in camping areas and marinas are from 10:00 p.m. to 7:00 a.m. and are STRICTLY enforced. Your cooperation is appreciated by park staff and your fellow campers. Generators may be operated from 9 a.m. to 11 a.m. and from 5 p.m. to 9 p.m. and must be attended.

**Camping Equipment and Vehicles:** Six people only permitted per site. Two sleeping tents or one wheeled camping unit (trailer, RV) and one tent are permitted per camp site. No more than two vehicles may be parked on a camp site. Additional parking for guests is available in nearby parking lots for a fee.

**Cabins:** No direct vehicle access to Cabins 1-13. Equipment must be carried a short distance. Cart provided. Cabins 3 and 14 have vehicle access. Tents are not allowed in the cabin area.

**Check In/Check Out:** Check-in time is 3:00 p.m. Campers must occupy the site by 9:00 p.m. on the scheduled day of arrival or call the park office. Check-out time is 11:00 a.m. All equipment must be off the site at that time.



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**Trail Distances**

Gorge Trail: Purple- 2.05 miles (3.3 km)  
Rim Trail: Orange- 2.25 miles (3.6 km)  
Red Pine Trail: Red- 1/2 mile (0.8 km)  
No shuttle service available

Finger Lakes/North Country Trail: White  
5.15 miles (8.3 km) within park boundaries.

\*\* Upper park loop hike on Gorge and Rim Trail- 1 mile (1.6 km)

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Designated Cabin Parking, Cabin Area, Main Parking Lot, Gorge Trail, Park Office, Rim Trail, Swim area, South Shelter, North Shelter, Decker Rd, Gate, FLT Parking, Enfield Creek, Park Boundary, Lower Falls, Cabs and South shelter, Camping Area, Ticket Booth, North Shelter, NYS Route 13, NYS Route 19, NYS Route 34 & 96, NYS Route 327, To Ithaca, To Enfield.

Sites with electricity: 1-11  
Sites for RV's longer than 50 feet: 11, 12, 46, 52-72  
Sites accessible to people with disabilities: Campsites 7 and 8, Cabins 3 and 12

- Restroom
- Restroom with showers
- Trailer dump station
- Water spigot
- Playground
- RV through 50'
- RV through 45'
- RV through 40'
- RV through 35'
- RV through 30'
- RV through 25'
- RV through 20', tent or popup
- Tent
- Rentable Shelter
- Parking
- Picnic area
- Dumpster
- Recycling

These facilities are accessible from the campground by using the walkway that leads to the park office

Upper Park Entrance, Lower Park Entrance, Ticket Booth, Upper Shelter, Old Mill, Lucifer Falls, Red Pine Trail 1/2 mile (0.8 km), Gorge Trail 2.05 mile (3.3 km), Rim Trail 2.25 miles (3.6 km), Cliff Staircase, Overlooks, Finger Lakes/North Country Trail, CCC Trail 1/3 mile (0.5 km), Enfield Creek, Park Road, NYS Route 34 & 96, NYS Route 13, NYS Route 19, NYS Route 327, To Ithaca, To Enfield.

- Park Office
- Camping Area
- Parking
- Picnic Area
- Play Area
- Rentable Shelter
- Restrooms
- Restroom with showers
- Swim Area

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